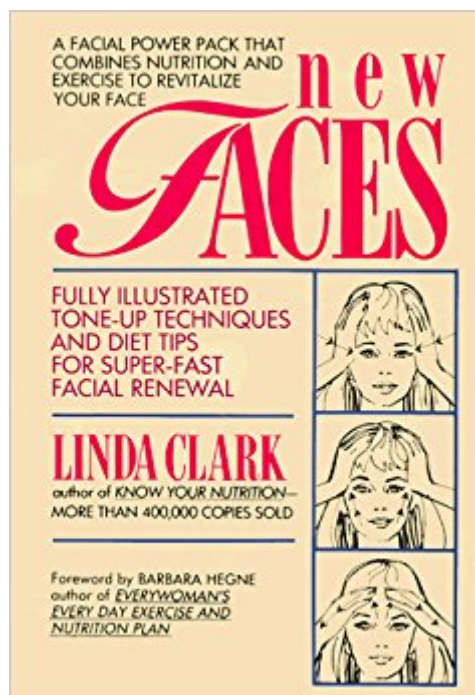


The book was found

New Faces



Synopsis

Foods that produce a healthy complexion are described as well as facial massage techniques for removing wrinkles and toning muscles.

Book Information

Paperback: 124 pages

Publisher: Keats Pub; 2nd edition (August 1990)

Language: English

ISBN-10: 087983515X

ISBN-13: 978-0879835156

Product Dimensions: 0.5 x 5.2 x 7.5 inches

Shipping Weight: 4.8 ounces

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #2,094,831 in Books (See Top 100 in Books) #115 inÂ Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Skin Care #451176 inÂ Books > Reference

Customer Reviews

I love this book. The instructions for the facial exercises are clear and easy to follow, though, the line drawings may not be the best. But, this really works if you follow it to the letter and you are consistent (that is the key word - consistency). If you start early on, say in your 20s, you may never need a face lift. I bought the book when it first came out and had great success with the exercises. Unfortunately, I lent it to a "friend" and I never saw it again. As it's been out of print for years I was so glad to find a used one on .

Great book! Clear instructions!

This is great

[Download to continue reading...](#)

"You're the First One I've Told": New Faces of HIV in the South New Faces Faces (Look at New Series) The Many Faces of Snoopy (Peanuts) Creative Cloth Doll Collection: A Complete Guide to Creating Figures, Faces, Clothing, Accessories, and Embellishments Carving Faces Workbook: Learn to Carve Facial Expressions with the Legendary Harold Enlow Relief Carving Wood Spirits, Revised Edition: A Step-By-Step Guide for Releasing Faces in Wood Beauty Junkies: In search of

the thinnest thighs, perkier breasts, smoothest faces, whitest teeth, and skinniest, most perfect toes in America Conversations on Dying: A Palliative-Care Pioneer Faces His Own Death Making Faces Creative Faces: Make Your Own Makeup Sweet 'Stache: 50 Badass Mustaches and the Faces Who Sport Them The Bahamas (Faces and Places) The Many Faces of Sandinista Democracy (Ohio RIS Latin America Series) Angels with Dirty Faces: How Argentinian Soccer Defined a Nation and Changed the Game Forever B Western Actors Encyclopedia: Facts, Photos and Filmographies for More Than 250 Familiar Faces Fiji (Countries: Faces and Places) Faces of the Emirates Game Faces: Sport Celebrity and the Laws of Reputation (Sport and Society) Lifting the Veil: The True Faces of Muhammad and Islam

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)